



Platypus Media

Resources for Families, Teachers,
and Parenting Professionals

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This Is How I Grow

EN ES

Through vibrant panoramic illustrations, explore the incredible variety of skills baby mammals must learn in order to survive and thrive. From bats learning how to fly to elephants learning to use their trunks, animal families help their young develop the strategies they need to hunt, forage, or scavenge. Ages 7–10

52 pages • 8.5" × 11" • Hardback \$14.95 • Paperback \$12.95 • eBook \$11.99
English edition: Hardback ISBN: 978-1-938492-10-5 • Paperback ISBN: 978-1-938492-08-2
Spanish edition: Paperback ISBN: 978-1-938492-27-3



Cuddled and Carried • Consentido y cargado

EN MULTI

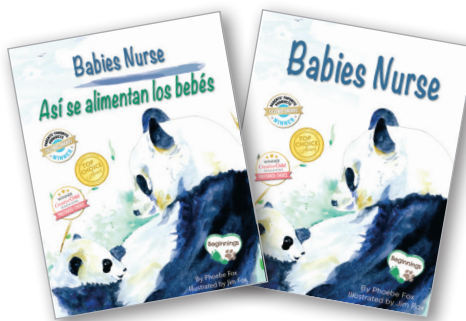
Gentle text and gorgeous illustrations of animal mothers tending to their babies introduce children to attachment, breastfeeding, and caretaking. Ages 0–4.

32 pages • 8.5" × 11" • Hardback \$14.95 • Paperback \$9.95 • eBook \$8.99
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Also sold in the *Nurtured and Nuzzled* two-book set with *Babies Nurse*

Bilingual stroller-bag edition: 32 pages • 6 × 8" • Paperback \$8.95 • eBook \$7.99
Paperback ISBN: 978-1-930775-65-7

English/Haitian-Creole and English/Washoe-Language editions (both 6 × 8") available



Babies Nurse • Así se alimentan los bebés

EN EN/ES

Sweet poetry and beautiful watercolor illustrations introduce readers to a collection of baby mammals doing what comes naturally—nursing. Ages 4–7.

32 pages • 8.5" × 11" • Hardback \$14.95 • Paperback \$9.95 • eBook \$8.99
Bilingual Edition: Hardback ISBN: 978-1-930775-73-2 • Paperback ISBN: 978-1-930775-72-5
English Edition: Hardback ISBN: 978-1-930775-61-9 • Paperback ISBN: 978-1-930775-71-8

Also sold in the *Nurtured and Nuzzled* two-book set with *Cuddled and Carried*



If My Mom Were a Platypus: Mammal Babies and Their Mothers

EN MULTI

This fascinating book portrays the normalcy of birth and breastfeeding. Engaging text and stunning illustrations reveal how mammals navigate the path from helpless infants to self-sufficient adults. Ages 8–12 as an independent reader, ages 4+ as a read-aloud.

English edition: 64 pages • 7 × 10" • Paperback \$12.95 • eBook \$11.99
Paperback ISBN: 978-1-938492-11-2

Spanish edition: 64 pages • 8.5" × 11" • Hardback \$16.95 • Paperback \$12.95 • eBook \$8.99
Hardback ISBN: 978-1-938492-03-7 • Paperback ISBN: 978-1-938492-06-8

Dutch (paperback) and Hebrew (hardback) also available

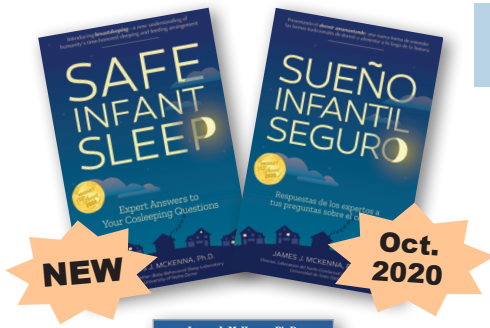


Part of the **Beginnings** early childhood collection



Free downloadable Teacher's Guide

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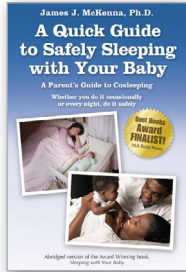


Safe Infant Sleep: Expert Answers to Your Cosleeping Questions

EN ES

Mother-baby sleep expert James J. McKenna, Ph.D., created this definitive cosleeping resource for parents and health professionals alike. The book explores the science, history, benefits, variations, controversial aspects, and safety guidelines of cosleeping practices—including roomsharing, bedsharing, and everything in between.

288 pages • 5.5 × 8.5" • Paperback \$14.95 • eBook \$13.99
English ISBN: 978-1-930775-76-3 • Spanish ISBN: 978-1-930775-68-8
Audiobook coming soon



A Quick Guide to Safely Sleeping With Your Baby

This abridged version of Dr. McKenna's *Sleeping With Your Baby* (978-1-930775-34-3) provides information about the benefits and risks of cosleeping. Contains key facts, FAQs, and checklists in an attractive format. A perfect hand-out for new parents.

16-page booklet • 5.5 × 8.5" • \$5.95 • ISBN: 978-1-930775-25-1



Breastfeeding Facts for Fathers (Abridged Edition)

EN ES

Men have a crucial role to play in encouraging their partners to breastfeed and in helping to create a culture in which breastfeeding women are visible, accepted, and valued. An entertaining quick reference guide for new fathers, and a great hand-out for expectant families.

16-page booklet • Full color • 5.5 × 8.5" • \$2.95
English ISBN: 978-1-930775-51-0 • Spanish ISBN: 978-1-930775-54-1

Also available: 40-pg unabridged Gift edition • \$7.95 • ISBN: 978-1-930775-49-7



Grow a Healthy Baby • Keep a Healthy Baby

EN ES

From the importance of early prenatal care to those crucial first months of life with a newborn, this attractive, accurate, and accessible booklet is filled with tips for keeping baby happy and healthy—both in and out of the womb.

12 pages • Full color • 5.5 × 8.5" • \$2.95
English ISBN: 978-1-930775-59-6 • Spanish ISBN: 978-1-930775-60-2



Come Home Soon, Baby Brother / Sister! NICU Sibling Support Coloring Book

EN ES

It is difficult for the whole family when a new baby is in the Neonatal Intensive Care Unit. These sweet coloring books explain to older siblings that the NICU is a special place where professionals work hard to make baby healthy and strong.

16 pages • 8.5 × 11" • \$2.95 • Purchase in a resealable bag with crayon set for \$0.25 more
Sister ISBN: 978-1-930775-39-8 • Brother ISBN: 978-1-930775-26-8
Hermanita ISBN: 978-1-930775-55-8 • Hermanito ISBN: 978-1-930775-41-1



Rich and Creamy for Our Premie NICU Sibling Support Coloring Book

EN ES

This warm and informative coloring book helps parents and siblings of NICU babies learn how the NICU, other moms, and local milk banks support breastfeeding and work to help the new baby grow healthy and strong.

24 pages • 8.5 × 11" • \$2.95 • Purchase in a resealable bag with crayon set for \$0.25 more
English ISBN: 978-1-930775-69-5 • Spanish ISBN: 978-1-930775-70-1



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